



Making Decisions About HPV Vaccines

This worksheet is being provided by your doctor's office for young adults (up to age 26) or parents of adolescents (9-18) who have not yet gotten vaccinated against human papillomavirus (also known as HPV).

HPV occurs in 80% of adults, but generally causes no health problems. However, in some people **HPV causes cancers of the cervix, vagina, penis, and anus and also causes genital warts** (a non-cancerous condition). In fact, the only way you can get cervical cancer and genital warts is from an HPV infection.

Getting vaccinated against HPV can decrease the chance of getting these diseases. The HPV vaccine is given as a series of 3 shots, ideally over a 6-12 month period. Many people have questions about the HPV vaccine even after talking to their doctor. Follow the three areas in this worksheet to weigh up the pros and cons of HPV vaccination for you or your family.

References: Gardasil product insert | Brotherton, JML, Gold, MS, Kemp, AS et al. CMAJ 2008;179(6):525-533 | Vaccine Information Sheet, HPV. Centers for Disease Control and Prevention | <http://www.cdc.gov/cancer/hpv/statistics/cases.htm> | <http://www.cancer.org/cancer/cancerbasics/lifetime-probability-of-developing-or-dying-from-cancer> | Klein, NP, Hansen, J, Chao, C, Velicer, C, Emery, M et al. JAMA Pediatrics 2012;166(12):1140-8.

Funding Source: This tool was developed with support from the Patient Centered Outcomes Research Institute. Makers of HPV vaccines played no role in its development.

1

What Matters Most To You

The scales below show how you ranked each item, based on your answers from the iPad program you did in clinic recently.

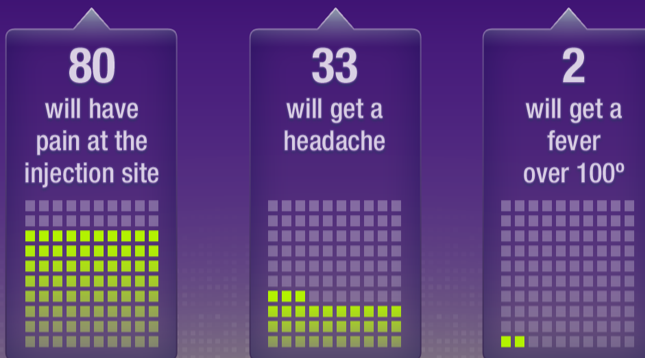


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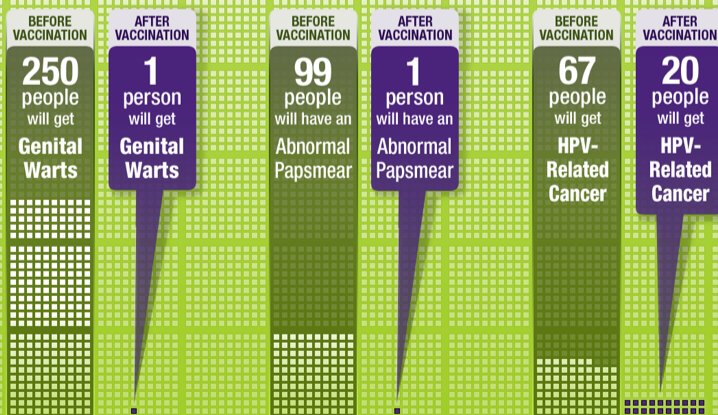
Pros & Cons

Compare the pros and cons of getting vaccinated or not getting vaccinated. The graphs below show the chances of various events occurring over a person's lifetime.

Out of 100 People...



Out of 10,000 People...



1 BLOCK = 1 PERSON

For more information about HPV infection and HPV vaccines please visit the following websites:

Centers for Disease Control and Prevention: <http://www.cdc.gov/hpv/vaccine.html>
 WebMD: <http://children.webmd.com/vaccines/hpv-vaccine-what-you-need-know>
 American Cancer Society: <http://www.cancer.org> (search for HPV)

3

Next Steps

Look back over what you said were your health values, and the pros and cons of vaccinating versus not vaccinating. Weigh all the information together and decide on what is best for you or your family. Circle the choice below that is most in line with your decision. Then look at the action below your choice to see some next steps to take.



I have decided I want the vaccine and I'm ready to take action.

Call your doctor's office to make an appointment to get the vaccine.



I have decided I will get the vaccine, just not right now.

Pick a date on your calendar when you will go through things again and decide if it is time to get the vaccine.



I want to talk to others first before making a decision.

Make an appointment with your provider to talk about the vaccine. If you want to talk to your family about this, put this conversation on your "to do" list.



I want to get more information first before making a decision.

See the websites on this page for reliable information about the vaccine, or make an appointment to talk about the vaccine with your medical provider.



I have decided I don't want the vaccine.

Think about reconsidering your decision in a year or two. The vaccine can be given up to age 26.